



# THE PSYCHOLOGY OF MONEY



**D**o you have a hard time thinking clearly about money? Do you find old habits getting in the way of handling your finances wisely? What notions about money cloud your financial judgment? Join money coach Dan Clurman and therapist Mudita Nisker in a one day exploration of attitudes and beliefs that help or hinder making good decisions about money.

Using lively discussions and experiential activities, you'll explore:

- What does money mean to you?
- Where do your assumptions about money come from?
- How your money beliefs shape life decisions
- How your attitudes about money affect your relationships
- What money represents to you (e.g., security, love, power, etc.)
- Who are your money role models?
- What's at the heart of your fascination with money

You'll leave this workshop with a greater understanding and ease about the role money plays in your life.

**DATE:** Saturday, May 17<sup>th</sup>, 2008

**LOCATION:** Oakland

(Address given with registration)

For more information or to register

Contact Dan at (510) 547-2380

**Dan Clurman** is a coach and communications consultant to individuals and organizations and teaches psychology at Golden Gate University. He's co-author (with Mudita Nisker and Deanne Stone) of *Money Disagreements: How To Talk About Them* and *Conversations With Critical Thinkers* (with John Esterle).

**Mudita Nisker** is a coach and a licensed Marriage and Family Therapist. She has conducted communication skills trainings for businesses and non-profits locally and nationally since 1978. She has a private practice in Oakland, California and is co-author of *Money Disagreements: How To Talk About Them* (a free download at their website: [www.comoptions.com](http://www.comoptions.com)).